EMPOWERING WOMEN INNOVATORS & LEADERS

SADHU VASWANI INSTITUTE OF MANAGEMENT STUDIES



ANNUAL MAGAZINE 2020 - 2021

EMPOWERING WOMEN INNOVATORS & LEADERS

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ANNUAL MAGAZINE 2020 - 2021 EDITORIAL BOARD -DR. ABHIJEET KAIWADE MS. VAISHALI PATIL MS. SHRADDHA SHINDE MS. PRADNYA BAWANE MS. DAMINI PANDE MS. FALAK BAIG

CONTENTS



2 DIRECTOR'S MESSAGE

7

EDITORIAL TEAM'S MESSAGE

20

KILL FEAR BEFORE FEAR KILLS YOU

23 ARTICLES BY FACULTY- SVIMS

30 NEWS AROUND THE WORLD

32 LIGHTER MOMENTS

DIRECTOR'S MESSAGE

SVIMS, offers a broad spectrum of academic, curricular and extracurricular activities and experiences. These educate and nourish the Head, Hand and Heart and bring to the fore creative talents as also the skills of planning, organising and leading. These help us to transform students into empowered leaders, innovators and problem solvers. We strive to unlock the store house of talent and potential in our students and provide them a nurturing environment to set up an environment of excellence infused with values and ethics.



The Magazine captures the efforts to organise myriad activities to help ourstudents blossom and experience all round development. Many of the events are in fact student driven and offer a fertile opportunity to prove their enterprise and leadership. We hope you enjoy reading this collection of activities and events and pick a lesson in management, technology or simply reminisce good time!

I congratulate the Editorial Team for bringing out this Magazine. Dr. B. H. Nanwani

STUDENT/S MESSAGE



Its been a tough year. The Pandemic has brought to light uncertainty of life but also that the human spirit can persist. Tough situations don't last, tough people

do. Despite difficulties, we have persevered; we have continued. Things have changed their course. Seminars have given way to webinars and cultural

activities are now conducted on screen rather than on decked up stages. In the midst of all this we have had academic activities and cultural events and I am happy that along with my team and the guidance of faculty we have brought out this issue of our Magazine. I hope you enjoy reading the same.



EDITORIAL TEAM'S MESSAGE



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Great leadership is alchemy of virtues. Among all virtues however, courage is the most defining of human and business virtues. This fact is beautifully captured by Sir Winston Churchill "Courage is rightly esteemed the first of human qualities, because, as has been said, 'it is the quality which guarantees all others.'

Leadership without courage is unthinkable, is an absurdity. A leader requires courage for innovation, initiative and action, for creating value, for decision making, trusting people and to step up during difficult times. Courage is thus required for creating success. Courage is not an absence of fear. To quote Nelson Mandela, "I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear".

Overcoming and triumphing over fear, becoming more courageous is fortunately a learnable virtue. Rev. Dada J. P. Vaswani in a novel, engaging way guides us how to Kill Fear and become courageous.

KILL FEAR BEFORE FEAR KILLS You

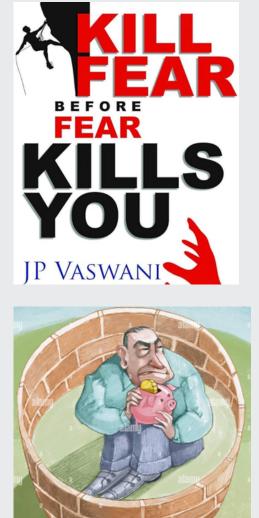
If fear knocks on the door of your heart, send faith to open it, and you will be free from distress

- Dada J.P.Vaswani

My friends in this connection may I mention that the word kill has many meanings. It has many connotations. We have the oft-used phrase, 'killing with kindness. I recall a moving incident in the life of Abraham Lincoln the saintly president of the United States. They produced a man before him and said he is a traitor. He is the enemy of the country. He must be killed. And Lincoln said, "The best way to kill an enemy is to make him a friend. I will make him a friend. The man was pardoned.

Of Gautama Buddha the great prophet of non-violence, the great prophet of ahinsa we are told that on one occasion he said to his disciples, "O Bikhus go and teach the people not to kill innocent animals but to kill only the animal of desire that is within them." So friends let us not let us not kill the word kill altogether let us give it a chance to live.

The topic for this evening's talk as I said, as you all know is 'Kill fear before fear kills you!' It is a fear-ridden world in which we live. There is not a living soul on earth who at sometime or the other hasn't experienced what it is to be afraid. Surely every one present here knows what it is to be afraid. There are different types of fear. There is the fear of the dark, there is the fear of the unknown, there is the fear of making the two ends meet together month after month. There is the fear of losing a job, there is the fear of not being able to earn the next promotion. There is the fear of facing interviews.



I recall how some time ago a first class university graduate met me and said to me, "I was called for an interview, as soon as I entered the hall where the interview was to take place, I do not know what happened to me; suddenly I found that my mind had turned blank. A number of questions were put to me, simple questions and yet I do not know why I was unable to answer them. I could not answer a single question. When the interview was over and I came out of the hall, all those answers came back to me, why did such a thing happen to me?

PRACTICAL SUGGESTIONS KILL FEAR BEFORE FEAR KILLS YOU

Let me pass on to you some practical suggestions. If I have the time I would wish to pass on to you seven practical suggestions on how to be free from fear.

The very first practical suggestion is you must realize, you must realize once and for all that there is nothing which is as bad as fear itself. Nothing which is as bad as fear itself. You must realize that being afraid is the worst thing that can happen to you. Fear is the worst thing in the world. You may be afraid of many things in the world but they are not as bad as fear itself. The fear that comes and grips you and captures your heart, therefore you must always keep away from fear.

On an earlier occasion I had given you the story of a man who traveled on a lonely road and who was set upon by bandits who beat him severely and robbed him of all his possessions. They bound his hands and feet and dragged him into the depth of the dark depth of the forest. Here they gagged him and blind folded him and tide him to a rope and suspended him from a height. "You are not hanging over a brink of a giddy precipice," they told him. "The moment you let go off this rope you will be dashed to pieces on the rocks below." And with those words they left him. He was filled with terror at the impending doom. He clung on for dear life to the rope which swung hither and thither. He gave in to despair. As his grip failed he dropped down barely six inches and landed on the comforting solidity of the mother earth. The grass was soft and moist to his touch and the earth felt clean and refreshing. Quickly he untied his blindfold; the robbers had played a cruel trick on him and left him hanging in fear so that they could make good their escape. When he let go he was not letting go off his life he was letting go only off his fear. An Arabic folk tale tells us that a wise old man traveling on the desert road to Baghdad met the figure of pestilences—the figure of cholera hurrying ahead of him. "Why are you in such a haste to reach Baghdad?" asked the old man. And pestilences answered, "I am due to take 5000 lives in the city when the crowds gather together for Huj." Later on the return journey they chanced to meet again. "You lied to me," said the old man reproachfully. "You said you would take 5000 lives but you took away 10,000 instead." "I did not do it," pestilence sword, "I took 5,000 and not one more, it was fear who killed the rest." So let us kill fear before fear kills us. The first practical suggestion is realize once and for all that nothing is as bad as fear itself.

This leads us to the second practical suggestion, the second practical suggestion is having been convinced that nothing is bad as fear itself, let us cultivate the will to be free from fear. The will to be free from fear--freedom from fear is achieved through perseverance through tenacity and through sheer will power. So let me tell you the story of two frogs that fell into a bucket of cream. At first they were bemused but unafraid. Valiantly they tried their best to get out of the sticky fluid by climbing up the side of the slippery bucket but it was impossible. When they climbed 8 inches they slipped back by 10 inches. One of the frogs panicked, "We will never be able to make it out of here alive," he sobbed. "I give up! I can't take it anymore." In his fear and frustration he got drowned in the cream.





The other frog was resolute and determined, "I shan't be afraid," he told himself. I shall find my way out, I shall live." He went on and one kicking with his back legs and climbing with his front legs. He fell back every time but did not give up his efforts. Suddenly he found that he hit something hard as he fell back on the cream. He turned to see what it was and discovered to his surprised that his kicking has churned up a sizable lump of butter. Quickly he jumped on top of it and leaped out to safety.

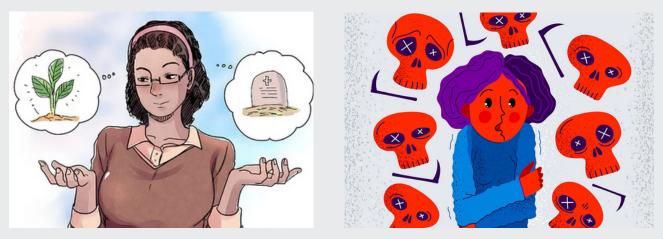
What is required is that we must not be daunted by the circumstances around us and the obstacles that we think lie ahead of us. Therefore cultivate the will to be unafraid.

And now let us proceed to practical suggestion number three, practical suggestion number three is, never forget that fear is a form of atheism. Fear is a form of atheism. If you are afraid of anything you are an atheist. There are two forces in the world-there is the force of fear. It is a tremendous force, it is a mighty force, it is a terrific force but there is one other force that is greater than this force, it is the force of faith. And if you do not have faith you are an atheist. You may be visiting the temple every day, you may be going to the mosque, to the church every day, you may be reading long unending passages from the scripture every day, you may be visiting distant places of pilgrimages from time to time, but if you do not believe that God is by you, beside you, with you, within you, that he is taking care of you, that he is protecting you, that he is inspiring you, that he is leading you on, if you do not have this faith then you are not better than an atheist. There are so many people who will tell you that there are millions upon millions of human beings, over six billions human beings inhabiting this earth how can God be concerned with the insignificant details of the lives of millions who pray to him. But this is unfaith, this is atheism. God is our father, God is our mother. Even as the father or mother is interested in every little thing concerning his or her children even so God is interested in every little detail of our lives. All we have to do is to hand ourselves over in child like trust to the Lord and we will lack nothing. If we do not have this trust we are no better than atheists. Therefore as I said fear is a form of atheism for fear is unfaith.





An atheist French scientist was crossing the Sahara desert with the help of an Arab guide. The Arab was a pious man who believed in God, who believed in prayer. Whenever a sandstorm arose in the desert and they were unsure of the way the Arab would bow down and pray to God for guidance. This annoyed the scientist, "Who do you think you are talking to?" He asked the Arab contentiously. How do you know there is a God?" Solemnly the Arab answered, "How would you know whether a man passed by your tent at night?" "By his foot prints on the sand." Said the atheist. To this the Arab said, "I see God's foot prints in the sun the moon and the stars. They proclaim his greatness and his power, his presence keeps me from fear." There is a touching story told us concerning the great American slave orator Fredrick Douglas. One day when things looked dark for his race, he was a black man, he said in a mournful speech, "The white man is against us, and governments are against us, the spirit of the town is against us I see no hope for the coloured race. I am full of sadness and fear." Just then a poor old coloured woman rose in the audience and said, "Fredrick is God dead?" Often many of us believe as though God is dead. But let us proceed to the next practical suggestion.



Practical suggestion number four. Practical suggestion number three is, fear is born of unfaith therefore fear is a form of atheism. Practical suggestion number four is always remember that with God all things are possible. You must have this faith, this living, this burning faith that for God nothing is impossible. What is impossible for man is possible for God. Man's extremity is God's opportunity. Do you find yourself at a dead end knowing not which way to turn? Are you suffering from a disease, which the doctors have declared as incurable? Are you standing on the verge of a financial crisis, on the verge of bankruptcy with no one to help you out? Do you have a personal relationship problem which in spite of your best efforts you are unable to solve? Turn it over to God, hand it over to God.



When such problems are handed over to God solutions are easily found. For God nothing is impossible—absolutely nothing. All we have to do is to say to God, we are willing to do as thou wilt, we have to provide the willingness and God provides the power. When willingness—human willingness is coupled with divine power there is nothing that cannot be achieved. Fear of death is one of the most dreaded things that can affect people. The best way to overcome fear of death is through faith in God.



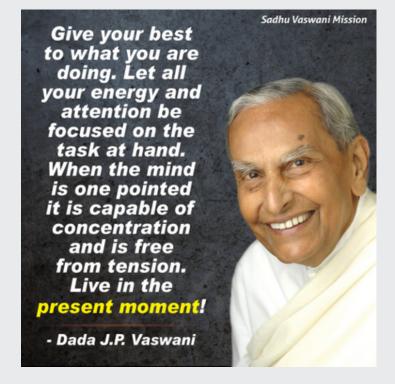
The fifth practical suggestion is, be relaxed. Be relaxed at all times. Learn to relax in God's presence so that you can receive his power. As I said, when human willingness is coupled with divine power there is nothing that we cannot achieve. Therefore be relaxed. There are many ways of being relaxed but I don't have the time today otherwise I would speak to you on at least one way of relaxing-relaxing completely. We need to relax in body, we need to be relaxed in mind, we need to be relaxed in will, we need to be relaxed in feelings, we need to be relaxed in emotions this is very necessary if you wish to move out of fear into fearlessness.

Be relaxed, we are so tensed up. Look at the way we sit, look at the way we stand, look at the way we do our daily work. We are full of tension. Our muscles are all tightened up.

I was at a meeting when an announcement was made that a car which bore a particular number had been parked but the engine of the car kept on working. The driver of the car had forgotten to turn the switch off. I looked at my brothers and sisters who were sitting in front of me at the meeting, which was held in Mumbai, Mumbai as you may know is a place of tension. I looked at my brothers and sisters in front of me and I said to myself, these brothers and sisters are sitting here but many of them are like cars which have been parked but their engines are still working, their engines are still working. There is so much of tension that we carry all the time with ourselves. And because of this tension we are unable to receive the power of God that fain would flow in and through us, the power with the help of which the impossible can be achieved.

The sixth practical suggestion is, let us not worry about what we imagine may happen tomorrow. Let us not worry about what we imagine may happen tomorrow. Man is constantly given to worrying about the future. What does this anxiety do for us? It may not empty our tomorrow of sorrow but it will certainly empty our today of its strength. And if future should bring problems with it this fear makes you unfit to cope with these problems. Therefore it has been said, worrying about the future is very much like a rocking chair, it will keep on moving but it will take you nowhere, it will not get you anywhere. Such needless fear is like the advance interest that you pay on troubles that may never come your way.





Make the most of the here and the now. Give your best to the present. Concentrate on the task you are doing, let all your energy and attention be focused on the present moment. When you follow this simple suggestion you will find yourself free from fear and tension.



And now we come to the final, the seventh practical suggestion. The seventh practical suggestion is, if you wish to kill fear go out of your way to bring help and comfort to others. Look around you my friends and you find don't you that the world is sad, the world is broken, the world is torn with tragedy, the world is smitten with suffering. Living in such a world it is the duty of every one of us to bring joy into the joyless lives of some. And in the measure in which we do so in that measure we find that our own life is filled with happiness.

ARTICLES BY FACULTY Irrefutable Laws of Leadership

As Managers and Leaders in the Making, one must know and understand and try to imbibe the principles and laws of Leadership. In his book 21 Irrefutable Laws of Leadership, John Maxwell has detailed out these Laws. Given below is an edited and summarized version of 7 Laws with some examples thrown in.

1.THE LAW OF THE LID LEADERSHIP ABILITY DETERMINES A PERSON'S LEVEL OF EFFECTIVENESS

A leader's personal and organizational effectiveness, influence, impact and success depend upon the level of his/her leadership ability. On a scale of ten, If the leadership ability rates an 8, then the leader's effectiveness can never be greater than a 7; if it's a 4, then effectiveness will not be higher than a 3. Leadership ability thus determines a leader's effectiveness and its potential impact on his/her organization. Leadership ability thus sets the upper limit or the lid on personal and organizational success and effectiveness. If the leadership is strong, the lid is high. But if it's not, then the organization is limited. To improve effectiveness therefore a person must increase his/her leadership ability rather than focusing on working hard.

It is owing to this fact, that in times of trouble, organizations look for improving effectiveness by changing leadership. In the Indian context for example, one may well compare the leadership ability of Mukesh Ambani v/s Anil Ambani to understand their personal success, impact and personal and organizational effectiveness.

2. THE LAW OF INFLUENCE THE TRUE MEASURE OF LEADERSHIP IS INFLUENCE—NOTHING MORE, NOTHING LESS

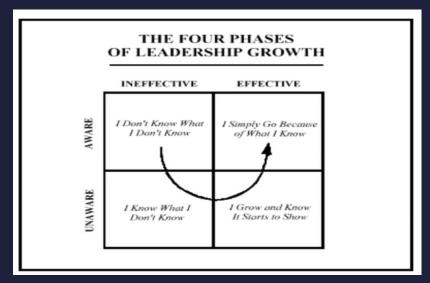
A leader is not a leader unless he/she has the capacity/ability to influence others. One doesn't need a title or a position to influence others. Mother Teresa and Princess Diana were great influencers even without titles. Mahatma Gandhi influenced people even before he was conferred the title of a Mahatma. To influence people is to make people follow you, your direction, principles, chosen path, movement etc. A true leader is able to make people change their thinking and /or their behavior.

The Law of Influence states that if you cannot influence others, you will not have followers and therefore you are not a leader. Leadership thus, is 'influence'.

3. THE LAW OF PROCESS LEADERSHIP DEVELOPS DAILY, NOT IN A DAY

Wealth creation is not a one- day affair; it is a long process of daily efforts. Leadership too does not develop in a day. It is not a magic wand; there is no overnight success. Development of leadership ability is a daily, long drawn, serious, dedicated, committed and disciplined effort and approach. It is like investing—it compounds/grows with time and efforts. Leaders have to be learners. Through discipline and perseverance, they have to continuously invest in learning, improving their skills and becoming better every day. Only such hard work and continuous learning makes them impactful.

Phases of Leadership Process /Growth [The Four Phases of Leadership Growth]



4. THE LAW OF NAVIGATION ANYONE CAN STEER [direct]THE SHIP, BUT IT TAKES A LEADER TO CHART [plan]THE COURSE

A good leader is a navigator. Like a navigator, a leader sees the trip ahead. A leader doesn't just control the direction in which he and his people travel; the sees the whole trip in his mind before he leaves the dock. Leaders have a vision for their destination, they understand what it will take to get there, they know who they'll need on the team to be successful, and they recognize the obstacles long before they appear on the horizon. In the words of Leroy Eims, "a leader is one who sees more than others see, who sees farther than others see, and who sees before others do."

Good leaders understand the responsibility of leading and the fact that people are dependent upon them. First-rate navigators always have in mind that other people are depending on them and their ability to chart a good course. Before leaders take their people on a journey, they go through a process in order to give the trip the best chance of being a success:

To lead well, leaders like navigators

·Draw on past experience

·Listen to what others have to say

•Examine the conditions before making commitments

Make sure their conclusions represent both faith and fact

Charting the Course with a Navigation Strategy ·Predetermine a Course of Action ·Lay Out Goals ·Adjust Priorities ·Notify Key Personnel ·Allow Time for Acceptance ·Head into Action ·Expect Problems ·Always Point to the Successes ·Daily Review Your Planning

5.THE LAW OF E. F. HUTTON WHEN THE REAL LEADER SPEAKS, PEOPLE LISTEN

A leader is one who doesn't have to announce that he is a leader, but who through his behaviour, actions is instantly recognized as being a leader. A real leader is not necessarily one who holds a position, has a title, is running a meeting but one to whom the people want to listen to, want to watch.

People become real leaders because of:

1.Character-who they are

2.Relationships—who they know. You're a leader only if you have followers, and that always requires the development of relationships

3.Knowledge—what they know

4.Intuition—what they feel

5.Experience—where they have been. The greater the challenges you've faced in the past, the greater is your respect and leadership

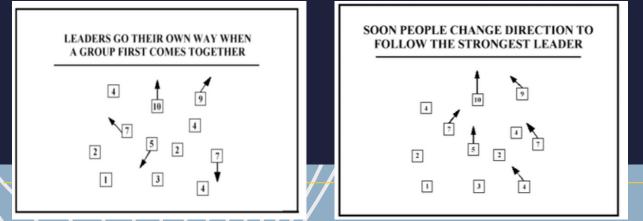
6.Past success—what they've done

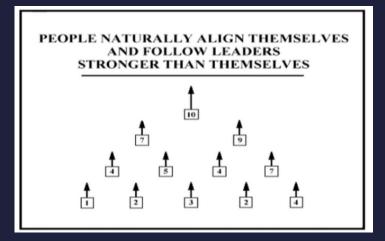
7.Ability—what they can do

6. THE LAW OF SOLID GROUND TRUST IS THE FOUNDATION OF LEADERSHIP

Trust is the foundation of leadership. To build trust, a leader must exemplify these qualities: competence, connection, and character. People follow a leader not because of his decisions but essentially because they trust the leader, they trust his character. Character communicates consistency, potential and respect.

7. THE LAW OF RESPECT PEOPLE NATURALLY FOLLOW LEADERS STRONGER THAN THEMSELVES





Leaders go their own way; other people change their direction to come on the path of the leader. In time, people in the group get on board and follow the strongest leaders. Either that or they leave the group and pursue their own agenda. There are many ways to measure a follower's respect for his leader, but perhaps the greatest test of respect comes when a leader creates major change in an organization. If the followers accept and participate and even promote the change, it suggests that the leader is strong and enjoys respect of followers.

A leader who has invested a lot of time and energy in building relationships with followers and adding value to their lives and is generally a leader with strong leadership skills and abilities is one who is highly respected. A leader who spends time in sharpening his leadership skills so that he/she can lead others is also one who is respected by followers and other leaders. People who rate 9 and 10 on leadership ability will not follow someone with a 7 rating. That's the way leadership works!

ARTICLES BY FACULTY

Ms.Vaishali Patil , Dr.B.H.Nanwani

In the contemporary world, the interconnection between business and society is gaining prominence, ushering in a new era of business operations. Social entrepreneurship, a burgeoning concept, is redefining the traditional business landscape by blending economic success with positive social impact. This article explores the definition of social entrepreneurship, delves into the distinctive traits of social entrepreneurs, and examines various models shaping the social entrepreneurship landscape.

Social entrepreneurship is an altruistic form of entrepreneurship that places a strong emphasis on the positive impact it can have on society. Unlike traditional businesses, social entrepreneurship aims to transform social capital in ways that benefit society at large. Social entrepreneurs not only identify immediate social problems but also strive to understand the broader context of these issues, spanning multiple disciplines, fields, and theories.

The Oxford Dictionary defines a social entrepreneur as an individual who establishes an enterprise with the goal of solving social problems or effecting social change. Abu-Saifan (2012) characterizes a social entrepreneur as a mission-driven individual using entrepreneurial behaviors to deliver social value to the less privileged through financially independent, self-sufficient, or sustainable entities.

Other organizations, such as Ashoka and the Skoll Centre for Social Entrepreneurship, highlight the innovative solutions social entrepreneurs bring to society's most pressing issues. Bill Drayton, the founder of Ashoka, emphasizes the role of social entrepreneurs in seizing opportunities and turning visions into reality, much like their counterparts in other sectors.

Social entrepreneurs possess distinct traits that set them apart from traditional entrepreneurs. These traits include:

1. Ambition: Social entrepreneurs tackle major social issues with ambition and persistence, operating in various organizations such as innovative nonprofits and social-purpose ventures.

2. Innovation: Social entrepreneurs are highly innovative, constantly searching for new ways to address social problems and adapting their approaches based on feedback.

3. Results-Oriented: Driven by a zeal to measure and monitor impact, social entrepreneurs focus on producing measurable returns that transform existing realities and contribute to social change.

4. Collaboration Social entrepreneurs are exceptionally collaborative, seeking partnerships that support their work, spread their ideas, and contribute to sustainability.

5. Unwavering Belief: Social entrepreneurs have an unwavering belief in the innate capacity of all people to contribute meaningfully to economic and social development.

6. Practical Idealism: They maintain a practical but innovative stance towards social problems, using market principles and forces to break away from constraints imposed by traditional ideologies.

Abu-Saifan (2012) proposed a model that positions social entrepreneurs within the spectrum of entrepreneurship. This model illustrates two primary business strategies:

1. Non-profit with Earned Income Strategies: Social entrepreneurs operate hybrid entities that perform both social and commercial entrepreneurial activities to achieve self-sufficiency. Revenues and profits generated are reinvested to improve the delivery of social values.

2. For-Profit with Mission-Driven Strategies: In this scenario, social entrepreneurs operate businesses that perform both social and commercial activities simultaneously, aiming for financial independence and personal monetary gain for founders and investors.

India has emerged as a significant hub for social entrepreneurship, with impact investing and innovative solutions taking centre stage. Notable social entrepreneurs have pioneered various initiatives with the aim of bringing about positive change. The top ten social entrepreneurs from India, according to journalist Nelson Vinod Moses, include Mahatma Gandhi, Dr. Verghese Kurein, Sanjit Roy, Anil Kumar Gupta, Harish Hande, Dr. G. Venkataswamy, Sunil Bharti Mittal, Vineet Rai, Vikram Akula, and Sam Pitroda.

Rashmi Bansal, an entrepreneurship expert, classifies social entrepreneurs in India into three types: Rainmakers, Changemakers, and Spiritual Capitalists. Rainmakers focus on revenue-generating social enterprises, Changemakers initiate large movements with small individual steps, and Spiritual Capitalists completely devote themselves to uplifting people.

Social entrepreneurship is reshaping the business landscape by intertwining economic success with positive societal impact. Social entrepreneurs, driven by ambition, innovation, and collaboration, are at the forefront of creating meaningful change. Models such as non-profit with earned income strategies and for-profit with mission-driven strategies provide frameworks for social entrepreneurs to operate effectively.

India, with its rich tapestry of social entrepreneurs, exemplifies the potential of this transformative approach. From Mahatma Gandhi to contemporary changemakers, the country continues to be a laboratory for testing new ideas and pioneering social innovations. As social entrepreneurship gains momentum globally, it underscores the importance of businesses contributing to societal well-being, marking a paradigm shift towards a more socially conscious and sustainable future.

SILENT SCREAM

Sexual Offences Against Women



In shadows cast by silent night, A voice suppressed, concealed from sight. Its echo whispers through the dark, A tale of pain, a heartfelt mark.

With trembling lips and eyes downcast, A soul encaged by memories vast. In silence, bears the weight of shame, The burden of an untold name.

Each breath a struggle, fraught with fear, The truth obscured, not meant to hear. In whispered prayers, a plea for peace, For justice, hope, and sweet release.

Yet still, the echo fades away, Lost in the night, where shadows play. But in the heart, the silent scream, Echoes on, a haunting dream.

By Ms. Parishweta Gulane

BROKEN INNOCENCE

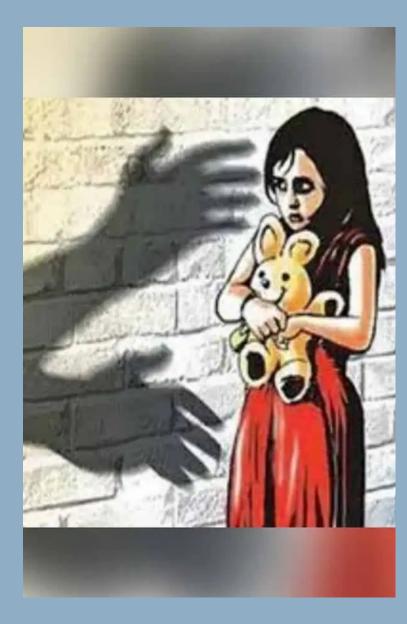
In innocence, a child did roam, Through fields of gold and fields of foam. With laughter pure and eyes aglow, In realms where dreams and hopes did grow.

Yet shadows lurked beyond the light, In hidden corners, out of sight. A predator with twisted guise, Shattered dreams with cruel demise.

The laughter silenced, tears replaced, Innocence lost, in dark embraced. A shattered soul, a broken heart, Torn apart, in innocence depart.

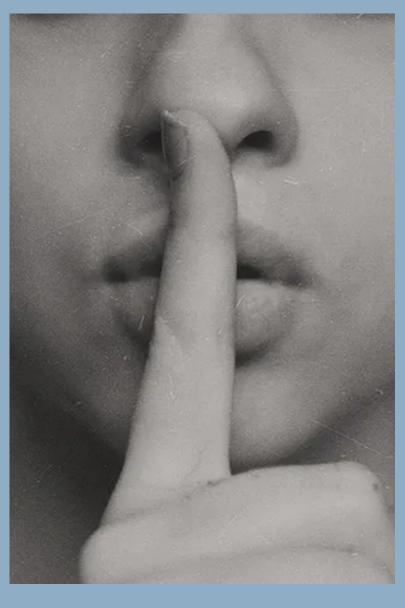
Yet in the darkness, still, a spark, A glimmer of hope within the dark. For strength resides in wounded hearts, In voices raised, in righteous parts.

Though innocence be lost, not slain, The spirit rises, to reclaim. In unity, a steadfast stance, To heal the wounds, to break the trance.



By Ms. Sana Khan

ECHOES OF SILENCE



By Ms. Calinta Lazarus

In silence dwells a whispered tale, Of shattered trust and dreams impaled. A haunting echo, soft and low, From depths where scars and shadows grow.

The weight of words left unspoken, In hearts of the silenced, broken. A symphony of silent screams, Lost amidst life's flowing streams.

Yet in the silence, strength resides, In voices raised, in hearts untied. For echoes, though they softly fade, Can spark a fire, a barricade.

Against the darkness, we unite, To stand for justice, truth, and right. In echoes of silence, we find our voice, To break the chains and make a choice.

To speak for those who cannot tell, Their tales of heaven turned to hell. In echoes of silence, we proclaim, That love and light shall rise again.



Addressing the Epidemic: Strategies to Combat Sexual Offenses

By Ms Deepti Aswani

Sexual offenses continue to plague societies worldwide, leaving devastating impacts on victims and communities. To combat this epidemic, comprehensive strategies are essential. Education plays a pivotal role, starting with age-appropriate discussions on consent, boundaries, and respect. Early intervention programs in schools can equip children with the tools to recognize and report abuse.

Law enforcement agencies must prioritize the investigation and prosecution of sexual offenses, ensuring swift justice for victims. Specialized training for officers and improved victim support services can enhance the efficacy of these efforts. Additionally, legislative reforms should focus on closing loopholes and strengthening penalties for perpetrators.

Community engagement is crucial in fostering a culture of accountability and support. Grassroots initiatives, such as awareness campaigns and support groups, empower survivors and challenge societal norms that perpetuate sexual violence. Collaboration between government agencies, NGOs, and healthcare providers is essential to provide holistic support for survivors and prevent future offenses.

Preventive measures, including addressing underlying issues such as gender inequality and toxic masculinity, are vital in tackling the root causes of sexual violence. By promoting gender equality, challenging harmful stereotypes, and fostering respectful relationships, we can create safer environments for all individuals.

Ultimately, eradicating sexual offenses requires a multifaceted approach that addresses systemic issues while providing support and justice for survivors. It is only through collective action and unwavering commitment that we can create a world free from the scourge of sexual violence.

BREAKING CODE SILENCE PREVENT. EMPOWER.

Breaking the Silence: Empowering Survivors of Sexual Offenses

By Ms Sakshi Jodwani

The silence surrounding sexual offenses perpetuates a cycle of victimization and impunity, leaving survivors isolated and marginalized. Empowering survivors to speak out and seek justice is paramount in addressing this pervasive issue.

Central to empowering survivors is providing accessible and comprehensive support services. This includes counseling, legal assistance, and medical care tailored to the unique needs of survivors. Creating survivor-centered spaces where individuals feel heard, believed, and supported is crucial in facilitating healing and recovery.

Furthermore, destigmatizing survivors' experiences is essential in challenging societal attitudes that blame and shame victims. Education campaigns aimed at dispelling myths and misconceptions about sexual violence can help shift public perceptions and promote empathy and understanding.

Legal reforms are also necessary to ensure that survivors have avenues for seeking justice without fear of retribution or secondary victimization. This entails strengthening laws on sexual offenses, improving the responsiveness of the criminal justice system, and implementing victim-friendly procedures throughout the legal process.

In addition to individual support and legal remedies, collective action is vital in holding perpetrators and institutions accountable for their actions. Advocacy efforts aimed at systemic change, such as lobbying for policy reforms and demanding accountability from authorities, can amplify survivors' voices and catalyze social change.

Ultimately, breaking the silence surrounding sexual offenses requires a concerted effort from individuals, communities, and institutions. By empowering survivors, challenging societal norms, and demanding justice and accountability, we can create a world where sexual violence is not tolerated, and all individuals are treated with dignity and respect.

The Psychological Impact of Sexual Assault

The Psychological Impact of Sexual Offenses: Understanding and Healing

By Ms Meera Nair

Sexual offenses inflict deep psychological wounds on survivors, often resulting in long-term trauma and emotional distress. Understanding the psychological impact of these crimes is crucial in providing effective support and intervention for survivors.

One of the most significant psychological effects of sexual offenses is post-traumatic stress disorder (PTSD). Survivors may experience intrusive memories, flashbacks, and nightmares related to the traumatic event, leading to heightened anxiety and hypervigilance. PTSD can significantly impair daily functioning and hinder the ability to form healthy relationships.

Another common psychological consequence is depression, characterized by feelings of hopelessness, sadness, and worthlessness. Survivors may struggle with self-blame and shame, leading to a pervasive sense of guilt and isolation. Depression can also manifest in physical symptoms such as fatigue, changes in appetite, and sleep disturbances.

Additionally, survivors of sexual offenses may grapple with feelings of betrayal and mistrust, especially if the perpetrator was someone they knew and trusted. This can lead to difficulties in forming new relationships and trusting others, as well as a sense of vulnerability and fear of intimacy.

Healing from the psychological wounds of sexual offenses requires a multifaceted approach. Therapy, particularly trauma-focused therapies such as cognitive-behavioral therapy (CBT) and eye movement desensitization and reprocessing (EMDR), can help survivors process their trauma and develop coping strategies to manage symptoms.

Peer support groups and survivor networks provide invaluable opportunities for validation, connection, and solidarity. Sharing experiences with others who have gone through similar ordeals can reduce feelings of isolation and shame, fostering a sense of community and empowerment.

It is also essential for society to recognize and validate survivors' experiences, combat victimblaming attitudes, and hold perpetrators accountable for their actions. By creating a culture of support and understanding, we can facilitate healing and recovery for survivors of sexual offenses and work towards preventing future victimization.

NEWS AROUND THE WORLD

AUGUST 2020

Maharashtra extends lockdown till August 31

For the first time in over three months, only 7.9 per cent of those tested in Mumbai in a day were found to be Covid-19 positive. Mumbai on Tuesday saw 8,776 people being tested, the highest number of tests conducted in the city in a single day so far.



DECEMBER 2020

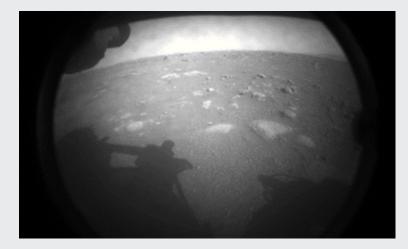
COVID-19 vaccine will be available by December 2020; price less than Rs 10,000 for two doses.

As the novel coronavirus continues to ravage across the globe, scientists and medical experts are working day and night to develop an effective vaccine to combat the highly-infectious contagion. As we write this, there are more than 160 vaccine candidates in different stages of trials around the world and more than 30 potential vaccines have already entered the crucial human trials phase. While developing a vaccine fit for human use is a complicated and time-consuming process, scientists are aiming to develop a COVID-19 vaccine in an accelerated timeline.



FEBRUARY 2021

Perseverance Arrives at Mars: Feb. 18, 2021 (Mission Trailer) After nearly 300 million miles (470 million km), NASA's Perseverance rover completes its journey to Mars on Feb. 18, 2021. But, to reach the surface of the Red Planet, it has to survive the harrowing final phase known as Entry, Descent, and Landing.



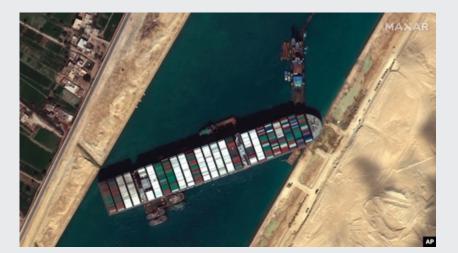
This is the first image NASA's Perseverance rover sent back after touching down on Mars on Feb. 18, 2021. The view, from one of Perseverance's Hazard Cameras, is partially obscured by a dust cover.

Members of NASA's Perseverance rover team react in mission control after receiving confirmation the spacecraft successfully touched down on Mars, Thursday, Feb. 18, 2021, at NASA's Jet Propulsion Laboratory in Pasadena, California.



MARCH 2021

Officials: Ship that Went Aground in Suez Canal Refloated The Panama-flagged Ever Given, a colossal container ship, crashed into a bank on a single-lane stretch of the canal in March 2021, blocking the waterway for six days.



FThe Ever Given was freed in a giant salvage operation by a flotilla of tugboats. The blockage created a massive traffic jam that held up \$9 billion a day in global trade and strained supply chains already burdened by the coronavirus pandemic.

The Ever Given debacle prompted Egyptian authorities to begin widening and deepening the waterway's southern part where the vessel hit ground.

APRIL 2021

India grapples with second wave of COVID-19

India's devastating second wave of COVID-19 has overwhelmed its health system and the country. In several cities and states, oxygen supplies have been critical, hospitals have turned patients away, and crematoriums have run out of space.



72 flights since first taking to the skies above the Red Planet on April 19, 2021 NASA's Ingenuity Mars Helicopter has completed 72 flights since first taking to the skies above the Red Planet on April 19, 2021, far exceeding its originally planned technology demonstration of up to five flights. The many highlights of Ingenuity's historic and successful activities on Mars include:

The first aircraft to achieve powered, controlled flight on another planet, a feat that's been called a "Wright Brothers moment"

Completing 128.8 flying minutes, covering 10.5 miles (17.0 km), and reaching altitudes as high as 78.7 ft (24.0 m)

Successfully flying in the extremely thin Martian atmosphere

Previewing areas of Mars of possible interest for the Perseverance rover to explore Paving the way for future aerial explorers at Mars and, potentially, other space

destinations



LIGHTER MOMENTS

·Why don't skeletons fight each other? They don't have the guts.

•What did the big flower say to the little flower? "Hi, bud!"

·What did one hat say to the other hat? Stay here, I'm going on ahead.

·I only know how to make holy water. I boil the hell out of it.

Why did the bicycle fall over? It was two-tired.

·What does a storm cloud wear under his raincoat? Thunderwear.

·How does the <u>ocean</u> say hi? It waves!

What do you call a couple of chimpanzees sharing an Amazon account? PRIME-mates.

Why did the teddy bear say no to dessert? Because she was stuffed.

Name the kind of tree you can hold in your hand? A palm tree!

•What did the left eye say to the right eye? Between us, something smells! •What do you call a guy who's really loud? Mike.

· Why do birds fly south in the winter? It's faster than walking!

Sandy's mum has four kids; North, West, East. What is the name of the fourth child? Sandy, obviously!

·What did one math book say to the other? "I've got so many problems."



Sr. No.	Date of Event	Name of the Event/Activity	
1.	2-08-2020	Dotilism Art	
2	15.08.2020	Independence Day	
3	28-07-2020	Certificate of Dedication for Best Practices in Prevention of COVID Diseases and dedication towards Prevention of COVID 19 Organised by : All India Institute of Public and Physical Health Sciences	
4	20.08.2020	Gokulashtami Celebration	
5	02-09-2020	Decorative Rangoli – Ganesh Utsav 2020 [Participation in Cultural Programme Competition – Dnyansagar Institute of Management and Research]	
6		Commerce Quiz Competition – Arihant College of Arts, Commerce and Science	
7		General Knowledge Quiz: Milind College of Arts	

8		E Poster Competition: Modern College of Engineering Event [A Picture is Worth a Thousand Words]	
9		National Yoga Competition [Postures]: Organised by Vaish Arya Kanya Mahavidyalaya	
10		Solo Singing Competition [Panache 2020] Hiraben Nanavati Institute of Management and Research for Women	
11	21-09-2020	State Level Elocution Competition[Dr. Shamarao Kalmadi Memorial State Elocution Competition] organised by Kaveri College of Arts, Science and Commerce	
12	25-09- 2020	Musical Webinar Yaarathon	
13	28-09- 2020 to 03- 10-2020	Gandhi Jayanti	
14	09-10- 2020	National Level Business Quiz Competition Organised By: JSPMS Group of MBA Institutes	
15		Online Quiz Competition – Life Of Gandhi Organised By: APJ ABDUL Kalam Technological University	

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16	24 -10- 2020	I Know the UN – Quiz	
17	11.11.2020	National Education Day- Birth Celebrations of Maulana A K Azad	
18	19-10-2020	Gender Inclusive Language E- Quiz	
19	24-12-2020	Christmas Celebrations	
20	04-01-2021	129th Birthday of Savitribai Phule	
21	23-01-2021	Netaji Subhash Chandra Bose Jayanti	
22		Republic Day Celebrations	
23	27-02-2020	Marathi Bhasha Din Celebration	
24	18-02-2021 and 19-02-2021	Powada and Story Narration Competition and Chhatrapati Shivaji Maharaj's Birthday Celebrations	
25	08-03-2021	Tiny Tots – Expressing Gender Equity Through Drama – Competition	

25	08-03-2021	Tiny Tots – Expressing Gender Equity Through Drama - Competition		
26	12.03.2021	Azadi ka Amrut Mahotsav- India's Journey Pre and Post Independence		
27	15-03-2021	National Level Essay Competition – Guru Tegh Bhadur- the Ninth Sikh Guru		
28	23.04.2021	Ehsaas-Your Experience, Your Words_Poetry Competition]		
29	29-05-2021	Freshers' Party		
30	05.06.2021	Think, Design and Paint-Poster Making Competition		
31	8-06-2021 to 21-06-2021	International Yoga Day		
32	15-06 to 17-06-2021	The Talent Maze		
33	19-06-2021	National Reading Day - Guest Lecture on Strategy to Improve Reading Culture in Digital Era 19th June, 2021		

34	23 -06- 2021	Biz – a Thon	
35	24.06- 2021 to 26 - 06-2021	Art of Living – Immunity Boosting Programme	
36	28-06- 2021	Power Puff Entrepreneurs – The Online Ideation Fest	



Sessions by industry Experts/Professionals

Date	Name & designation of Guest speaker	Торіс
25.08.2020	Ms Asha Pathania, Ms Aarti Sharma, Ms Payal Koul	Incorporating Empathy in Business
12 September 2020	Homyar Bhathena, Director of Engineering at AppZenLabs,India	Leading in a VUCA World
26 Sept 2020 11:00 AM to 12:00 NOON	Mr.Suresh Budhani, Senior Vice President, HDFC Bank , Mumbai	Introduction of New Products and Services under Digital Banking due to innovation in Technology
3 October 2020	Mr. Raman Nanda – Founder and CEO STEP Transformations Prof. Deepak Dheer – Professor and Management Consultant Ms. Akanksha Dharmani – Founder Athas and Alumna of SVIMS Mr. Advait Kurlekar (Panel Moderator) – CEO, Upohan Management Consultant	Talking Entrepreneurship

16 Oct 2020 11:00 AM to 12:00 Noon	Dr. Murthy, Ex-Chairman and MD, The Jute Corporation of India	Strategies Unequalled
24 Oct 2020 11:00 AM to 12:00 Noon	Mr. Akshat Bharani, Founder and Director, 10XDigitals	When Marketing your own Service Firm
31 Oct 2020 3:00 PM to 4:00 PM	CA Abhay D Gubdecha, M/S Abhay D Gundecha & Co	Working Capital Management: A Key to Business Success Startup Perspective
1 Nov 2020 1:00PM to 2:00 PM	CA Nagesh Jadhav, N.S.Jadhav & Co. Nanded	Input Tax Credit: Latest Amendments in GST
26 November 2020	Ms. Vengamma Meram, Business Development Manager at Hats-off Digital Marketing	Sales from Her Perspective
14 December 2020 Mr. Sarvashreshtha Chaudhary, AID Services Vertical, Asian Paints,		Asian Paints – Journeying into the Unexpected

18 December 2020	Rajasekhar Chokka: Entrepreneur [Agriculture Input, Agriculture Technology and FMCG]	Agri Business Opportunities in North America
12 February 2021	Mr. Amit Gupta	Introduction to Securities Market
20 March 2021	CA Mahesh Kumar Paryani, Chief Finance Officer of Photon Ai	A Practical Approach of Financial Statement Analysis
20 March 2021	Mr. Amol Mehsram, Assistant Store Manager at a Reliance retail store, Pune	Towards becoming the Store Manager
22.03.2021 9:00 AM	Mr. Aditya Sengupta	B2B Sales from Industry Perspective
30th March 2021 Steel)		AI in Demand Planning and Forecasting

15/04/21 11:30am to 12:30pm	Mr Ankit Gupta MARKETING	Mapping Skills to Career Opportunities in Marketing
16/04/21 11:00am to 12:00pm	Mr Pranam Kundap HR	Broad View on Careers in HR
16/04/21 2:00pm to 3:00pm	Ms Gurpreet Singh HR	Changes and Trends that Technology has brought about in HR
17/04/21 10:00am to 11:00am	Mr Siddharth Sabari MARKETING	Careers in Marketing – in relation with People, Process and Technology
09/06/2021	Mr. Narendra Mansukhani	CRM in Hospitality Industry
10/06/2021	Dr Sweta Singh, Founder and CEO, Enable IP	Intellectual Property Rights
12/06/2021 Ms Sameeksha Makhijani, Sr Consultant Cyber Security, Infosys, Pune		Cyber Security

12/06/2021	Ms. Meenakshi, Branch Head, Karur Vysya Bank Ltd, Bengaluru	Credit Management and Bank Lending
12.06.2021	Mr. Libin Samuel	Project Management in IT industry
17.06.2021 2:00 PM to 4:00PM	Mr. Swapnil Admane, Dy.General Manager of NJ Wealth Financial Products distributors Network Pvt. Ltd	Investment in Mutual Funds and Bonds
19.06.2021 12:30 PM to 1:30PM Manager Prodigy Education, Pune.		Best Practices in Organizational Development
19 June 2021	Mr Priyank Ahuja	Product Management and Product Marketing Strategy

AY 2020-2021

Tree Plantation Drive at Manjari

Date: 28-09-2020 Number of Participants: 5 Collaboration With Sadhu Vaswani Gurukul, Manjari, Pune Objectives:

- To raise awareness in student community about environment through tree plantation.
- To encourage and spread awareness about confined space gardening

Dr. B.H. Nanwani (Director) along with Students, faculty members and administrative staff participated in this 'Tree Plantation' drive, on 28th September 2020, at Sadhu Vaswani Gurukul, Manjari, Pune, We planted 25 saplings. Students sowed seeds and planted saplings at their respective residences. Students virtually participated in the event.

Outcome

MBA students were motivated and felt responsible for protecting the environment.

Blood Donation Camp

Date: 21/12/2020

Number of Participants: 28

Collaboration With Inlaks and Budhrani Hospital

On 21st December 2020, we organised a blood donation campaign to help Inlaks and Budhrani hospital, which expressed a need for blood to save lives of patients – especially that of thalassaemic patients. A shortage of blood was experienced due to COVID and SVIMS responded to the challenge by organising a small blood donation camp. Our faculty members, the students staying nearby and few members of nearby societies were approached. 28 people registered for the cause while only 6 of them could donate blood. All the Covid guidelines were diligently followed.



Blood Donation Drive organized in association with Inlaks and Budhrani Hospital

Session on PoSH

Date: 23-01-2021

Number of Participants: 18

Adv. Ruby Chhatwal, member of our Prevention of Sexual Harassment Committee and our speaker for this session explained the formation, composition and functions of an Internal Committee for prevention of Sexual harassment at workplace. The participants for the session included the students and the class IV workers of SVIMS and nursing College. In a very simple language, the speaker explained the provisions of law and then went on to give real-life examples of sexual harassment at workplace. There is a subtle difference between being funny and harassing a lady sexually through words spoken and this difference was clarified by our speaker by speaking out statements which mean fun and those that form a part of harassment. Our students asked her questions regarding how they can seek redressal if they face sexual harassment at workplace or even when travelling through public transport, whether fake cases around sexual harassment are reported, how are they identified, what is the grievance and redressal mechanism like, for men and Adv. Chhatwal answered all these questions patiently.

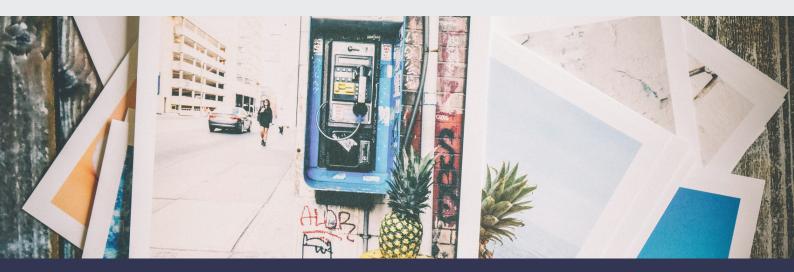
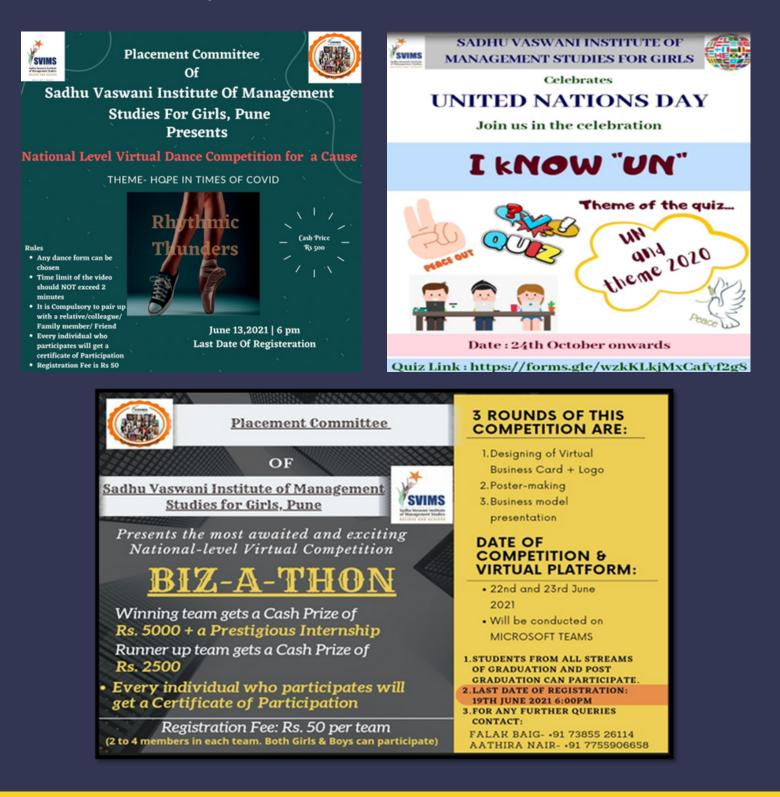


Photo Gallery





6. Registration fees to be Google paid

June17, 11:00 AM Virtual Platform- MS Team Last Date of Registration: 13 th June, 6:00 PM





We thank our esteemed panel of judges for the Painting and for the Dancing competition under The Talent Maze, a National level Virtual Competition for a Cause .







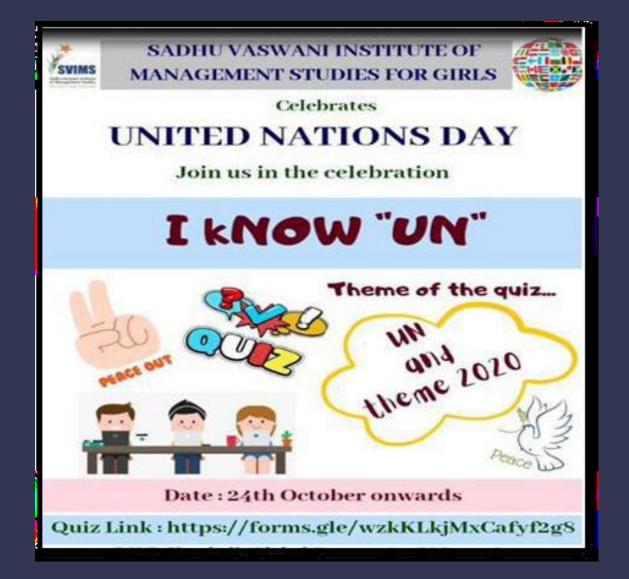


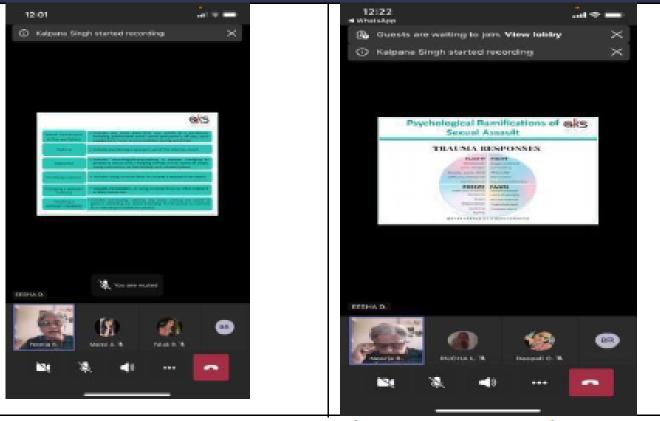




LIST OF ACTIVITIES CONDUCTED

Sr. No	Activity	Date	Faculty In-charge
1.	Webinar on "Empowering Women through Education"	1/10/2020	Dr. Smita Iyer
2.	Vocational Skill Development	1/10/2020	Dr. Abhijeet Kaiwade &
	- Chocolate making - Cake making	and 3/10/2020	Dr. Smita Iyer
3.	Yoga for relaxation	1/10/2020	Ms. Bindiya Rangwani
4.	Good Food Good Health	1/10/2020	Ms. Vaishali Patil & Ms. Bindiya Rangwani
5.	Tree Plantation and Terrace Gardening	28/9/2020	Dr. Abhijeet Kaiwade
6.	COVID19 Sanitization	3/10/2020	Dr. Abhijeet Kaiwade & Dr. Smita Iyer





EHSAAS- "Your Experience, Your Words"